



## **GO-TO BOOKS AND RESOURCES FOR HELPING CHILDREN AND TEENS COPE WITH SUICIDE LOSS**

### **Books and Articles**

Talking to Children About Suicide, American Foundation for Suicide Prevention: <https://www.centennialmhc.org/wp-content/uploads/2017/12/talkingtochildrenaboutsucide.pdf>

Children, Teens, and Suicide Loss, American Foundation for Suicide Prevention and The Dougy National Center for Grieving Children and Families: <https://aws-fetch.s3.amazonaws.com/flipbooks/childrenteenssuicideloss/index.html?page=1>

Someone I Love Died by Suicide: A Story for Child Survivors and Those Who Care for Them, Doreen Cammarata

After a Suicide Death: An Activity Book for Kids Who are Grieving, The Dougy Center: <https://dougystore.org/products/after-a-suicide-death-an-activity-book-for-grieving-kids>

After a Suicide Death: Ten Tips for Helping Children & Teens, The Dougy Center: <https://www.dougy.org/assets/uploads/Suicide-Resources.pdf>

Great Answers to Difficult Questions About Death: What Children Need to Know, Linda Goldman

After a Suicide: Young People Speak Up, Susan Kuklin

My Uncle Keith Died, Carol Ann Loehr

Understanding and Supporting Bereaved Children, A Practical Guide for Professionals, Andy McNiel and Pamela Gabbay

Supporting Children After a Suicide Loss: A Guide for Parents and Caregivers by Sarah Montgomery and Susan Coale

After a Parent's Suicide: Helping Children Heal, Margo Requarth

Talking to Children About Suicide, Margo Requarth: <https://sites.pfw.edu/education/hsrv/bhfsi/article-talking-to-children-about-suicide.pdf>

But I Didn't Say Goodbye: For Parents and Professionals Helping Child Suicide Survivors, Barbara Rubel

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### **Podcasts and Videos**

One Last Hug: Three Days at Grief Camp documentary, HBO: <https://www.hbo.com/documentaries/one-last-hug-three-days-at-grief-camp>

Understanding Suicide, Supporting Children video, The Dougy Center: <https://dougybookstore.org/products/understanding-suicide-supporting-children-video-2020>

“The Sharing Place” episode on the Heavyweight podcast: <https://open.spotify.com/episode/4ObhPZdfvyt0KKaaLPdwAW>

### **Support Groups**

Coping After Suicide: [www.copingaftersuicide.com/support-groups](http://www.copingaftersuicide.com/support-groups)

The Dougy National Center for Grieving Children and Families: [www.dougy.org](http://www.dougy.org)

National Alliance for Children’s Grief: [www.childrengrieve.org](http://www.childrengrieve.org)

### **Bereavement Camps**

Camp Kita: <https://www.campkita.com>

Camp Erin: <https://elunanetwork.org/camps-programs/camp-erin/>

Comfort Zone Camps: <https://comfortzonecamp.org>

Experience Camps: <https://experiencecamps.org>

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