

Talking OutLOUD

Teens & Suicide Loss: A Conversation

Resources for Professionals

SUPPORT GROUPS

- Coping After Suicide Teens Group
<https://www.copingaftersuicide.com/support-groups>
- Dougy Center National Support Group Directory
<https://www.dougy.org/program-finder>
- National Alliance for Children's Grief National Support Group Directory
<https://nacg.org/find-support/>
- Samaritans' SafePlace
<https://samaritanshope.org/our-services/grief-support/grief-request-form/>

GRIEF CAMPS

- Article: **As Suicide Rates Rise, Bereavement Camps Bring Healing to Kids Left Behind**
<https://time.com/6286420/suicide-bereavement-camps-kids/>
- Documentary: **ONE LAST HUG (... and a few smooches): Three Days at Grief Camp**
<http://onelasthug.com/>
- Camp Erin
<https://elunanetwork.org/>
- Camp Good Grief
<https://eehcampgoodgrief.org>
- Camp Kita
<https://www.thekitacenter.org/>
- Circle Camps
<https://www.circlecamps.org/>
- Comfort Zone Camp
<https://comfortzonecamp.org>
- The Compassionate Friends Sibling Camp
<https://www.compassionatefriends.org/tcf-sibling-camp/>



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- **Experience Camps**
<https://experiencecamps.org/>
- **National Alliance for Children's Grief**
<https://nacg.org/find-support/>
- **TAPS (Tragedy Assistance Program for Survivors) Good Grief Camp**
<https://www.taps.org/youthprograms/camps#ggc>

BOOKS

- **Healing a Teen's Grieving Heart: 100 Practical Ideas for Families, Friends and Caregivers.** Dr. Alan Wolfelt
- **Life After Suicide: Finding Courage, Comfort & Community After Unthinkable Loss.** Jennifer Ashton MD
- **Please Be Patient, I'm Grieving: How to Care For and Support the Grieving Heart (Good Grief Series).** Gary Roe
- **Welcome to the Grief Club: Because You Don't Have to Go Through It Alone.** Janine Kwoh

ONLINE RESOURCES

- **Dougy Center: National Grief Center for Children & Families**
<https://www.dougy.org/grief-support-resources/teens>
- **National Alliance for Children's Grief**
<https://nacg.org/>
- **National Child Traumatic Stress Network**
<https://www.nctsn.org/>
- **Understanding Suicide, Supporting Children – Alliance of Hope**
<https://allianceofhope.org/find-support/children-teens/understanding-suicide-supporting-children/>



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ARTICLES

- **Children, Teens and Suicide Loss** - Dougy Center & American Foundation for Suicide Prevention
<https://aws-fetch.s3.amazonaws.com/flipbooks/childrenteenssuicideloss/index.html?page=6>
- **Explaining Death by Suicide Years After It Happened** - Alliance of Hope
<https://allianceofhope.org/find-support/children-teens/supporting-children-and-teens-after-a-suicide-death/explaining-death-by-suicide-years-after-it-happened/>
- **Supporting Adolescents: Common Experiences After a Suicide** - Lifeline Australia
<https://www.suicidecallbackservice.org.au/lost-someone-to-suicide/supporting-adolescents-bereaved-by-suicide/>
- **Supporting Children After the Suicide of a Classmate** - Jamie Howard, PhD
<https://childmind.org/article/supporting-children-after-the-suicide-of-a-classmate/>
- **Supporting Children and Teens after a Suicide Death** - Dougy Center
https://www.dougy.org/assets/uploads/TDC_Supporting_Children_Teens_After_a_Suicide_Death_2018.pdf
- **Supporting Children Grieving a Death by Suicide** - National Alliance for Children's Grief
<https://indd.adobe.com/view/797974f7-5353-4834-b48c-cefe12464ded>
- **Talking to Teens about the Suicide of a Peer** - Alliance of Hope
<https://allianceofhope.org/find-support/children-teens/supporting-children-and-teens-after-a-suicide-death/talking-to-teens-about-the-suicide-of-a-peer/>
- **Tips for Supporting Teens After the Death of a Close Friend** - Dougy Center
https://www.dougy.org/assets/uploads/TDC_2_Tips_for_Supporting_the_Grieving_Teen_After_Loss_of_Close_Friend_2018.pdf
- **Trauma-Informed Care and Suicide** - Canadian Association for Suicide Prevention
<https://suicideprevention.ca/resource/trauma-informed-care-and-suicide-fact-sheet/>
- **Traumatic Grief - Supporting Teens** - National Child Traumatic Stress Network
<https://www.nctsn.org/what-is-child-trauma/trauma-types/traumatic-grief>
- **What to Say Instead** - Dougy Center
https://www.dougy.org/assets/uploads/What-to-say-instead_2023-05-30-225306_bvnt.pdf



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RESEARCH

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- Andriessen, K, Krysinska, K, Hill, NTM et al. **Effectiveness of interventions for people bereaved through suicide: a systematic review of controlled studies of grief, psychosocial and suicide-related outcomes.** BMC Psychiatry 19, 49 (2019). <https://doi.org/10.1186/s12888-019-2020-z>
- Cain, AC (2002). **Children of Suicide: The Telling and the Knowing.** Psychiatry. 65. 124-36. 10.1521/psyc.65.2.124.19937.
- Cerel, J, & Aldrich, RS (2011). The impact of suicide on children and adolescents. In J. R. Jordan & J. L. McIntosh (Eds.), **Grief After Suicide: Understanding the Consequences and Caring for the Survivors** (pp. 81–92). Routledge/Taylor & Francis Group.
- Cerel, J, Maple, M, Aldrich, RS, & van de Venne, J (2013). **Exposure to suicide and identification as survivor: Results from a random-digit dial survey.** Crisis: The Journal of Crisis Intervention and Suicide Prevention, 34(6), 413–419. <https://doi.org/10.1027/0227-5910/a000220>
- Cerel, J, Roberts, TA, & Nilsen, WJ (2005). **Peer Suicidal Behavior and Adolescent Risk Behavior.** Journal of Nervous and Mental Disease, 193(4), 237–243. <https://doi.org/10.1097/01.nmd.0000158377.45920.0a>
- Hagström, AS (2017). **'Suicide stigma' renegotiated: Storytelling, social support and resistance in an Internet-based community for the young suicide-bereaved.** Qualitative Social Work 16(6), 775-792. <https://doi.org/10.1177/1473325016644039>
- Hagström, AS (2019). **"Why did he choose to die?": A meaning-searching approach to parental suicide bereavement in youth.** Death Studies, 43(2), 113–121. <https://doi.org/10.1080/07481187.2018.1457604>
- McNiel, A and Gabbay, P (2018) **Understanding and Supporting Bereaved Children, A Practical Guide for Professionals.** Springer Publishing Company
- Moore MM, Cerel J, Jobes DA. **Fruits of trauma? Posttraumatic growth among suicide-bereaved parents.** Crisis. 2015;36(4):241-8. doi: 10.1027/0227-5910/a000318. PMID: 26440620.
- Requarth, M (2013). **After a Parent's Suicide: Helping Children Heal.** Healing Hearts Press



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